

New Castle Recreation Dept.  
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## Co-ed 8v8 Adult Soccer League Rules

The 8v8 Co-ed League will be played under FIFA Rules with the modifications and additions stated below:

**Length of Game:** The game will consist of two 25-minute halves with a running clock. Half time will be 5 minute half time. **Games will not exceed 1hr in time. The halves and or half time will be cut in time accordingly to accommodate all start times for the afternoon. Please remember to be there on time and considerate to all the players and the referees in the league.**

**Format:** 8v8. There must be a minimum of three (3) women on the field at all times; regardless of position played. A team must play down to seven (7) if there are not three females on the field of play.

**Minimum Players:** All teams must have a minimum of five (5) players to start the game. One (1) of those five (5) players must be a female. There is a 5 minute grace period; teams with less than 5 players will forfeit the game.

**Roster:** A team can have a maximum of fourteen (14) players on a roster. Expectations of roster limits must be presented in writing and will be determined on a case by case basis. Expectations will be submitted to NCR. Rosters will be frozen after 2 weeks of the regular season play. **All players listed on the roster MUST play in two (2) regular season games to participate in the end of the season tournament.**

**Guest Players:** A player can only be on one roster for one team in the league.

**Substitutions:** Unlimited substitutions are allowed for either team. Substitutions will be made for either team at any "dead ball" situation or at the referees' discretion.

**Start of the Game:** No coin toss will be held. The Home Team will choose the end to attack, and the Away Team will kick off to start the game.

**Field:** Approx. 70yds long X 50yd wide. Games will be held at Grand River Park.

**Goal Size:** 7 feet tall x 21 feet wide

**Ball:** Size 5 NCR will provide game balls.

**Equipment:** Shin guards are mandatory!

**Slide Tackles:** For the safety of all players and participants –slide tackles are NOT allowed at any time.

**EXPECTATIONS:** Goal keepers may slide, but must attempt to play the ball with their hands. Below is information for reference only and the referee interpretation and decisions at the time of the foul being called:

**a. Slide tackle basic definition:** A **sliding tackle** or **slide tackle** is a tackle in soccer in which a

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player attempts to take the ball away from an opposing player by deliberately leaving his feet and sliding along the ground with one leg extended to push the ball away from the opposing player –when within 5 feet of another player. This shall include playing on the ground or leaving your feet in any manner, one knee, hip, foot.

**b. Fouls that can occur when sliding are:**

- i. When a player tackles an opponent to gain possession of the ball, making contact with the opponent before touching the ball;
- ii. When a player in a manner considered by the referee to be *careless, reckless or using excessive force*;
- iii. kicks or attempts to kick an opponent;
- iv. trips or attempts to trip an opponent;
- v. raises his/her football boots perpendicular to the field (also known as "cleats up")
- vi. Slide tackles from behind or with both legs extended have now been outlawed due to the injury and danger to other players that it causes. These tackles generally earn the player who commits them a straight red card, even if the ball is won cleanly and the tackle is not technically a foul.

**OFFSIDE: NO OFFSIDE!** The offside provision shall **NOT** be used for this league but teams are encouraged to **NOT** be in an offside position.

**Referee:** NCR will make every attempt possible to provide two (2) officials. There may be a time where there will only one (1) official/referee. The referees have the final authority in all matters on the field of play. Players, fans, spectators or individuals who continue to harass, badger, or have conduct unbecoming towards a referee will be asked to leave the field. Further suspension from the league will be determined by NCR. Remember this is a **RECREATIONAL** soccer league. It should be **FUN!** **Safety** is the number one concern when officiating; players need to play under control at all times.

**Yellow & Red Cards:** It is a **recreational** league. If deliberate and persistent fouling occurs the referee will suspend the player(s) for the game. The team may sub for the suspended player during the duration of the game. If a red-card infraction occurs, the referee will suspend the player(s) for the game. The team **must** play down the remainder of the game. If a red card infraction occurs the player will face further suspension to be determined by the NCR field supervisor and administration. Please refer to the **CODE OF CONDUCT!**

**Soccer League Disclaimer:**

The New Castle Recreation Department's mission is providing recreational and leisure activities to all parties involved. As a participant in this league, you represent the New Castle Recreation Department. Be respect of all players, fans, spectators, league representatives and the referees. Please refrain from using foul and offensive language; regardless of what language it is spoken in. Unsportsmanlike

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behavior will not be tolerated. Remember to Team captains and manager you are responsible for the conduct of your team and must sign the "code of conduct."

**Tournament Rules:**

The 8v8 Co-ed League & Tournament will be played under FIFA Rules with the modifications and additions stated below:

**Illegal Players:** Any player that has not signed the original roster/waiver prior to the start of the season is considered an "illegal" player. All players during the tournament must be only one (1) team. **No guest players are allowed.** Any "illegal player" will be disqualified from the match, and the team with the "illegal player" will automatically forfeit the game. All players listed on the roster MUST play in two (2) regular season games to participate in the end of the season tournament. Be prepared during the tournament, the rosters will be checked along with ID. Do not bring "ringers" for the tournament! Remember, it's a recreational league!

**Extra Time:** There will be two (2) five (5) minute extra periods played. "Golden Goal" applies; the first team to score wins. If the score is still tied after the two (2) Extra Time periods; the teams will go to Penalty Kicks (PK).

**Penalty Kicks:** There will be five (5) kickers. Two (2) of the five (5) kickers must be females.